

# Vollintine Evergreen Neighborhood School Parent Handbook

### **Contact:**

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#### **CONTACT INFORMATION**

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#### THINGS WE NEED FOR YOUR CHILD'S FILE

- $\checkmark$  A completed application
- $\checkmark$  A current immunization form
- ✓ Emergency Information form
- ✓ For divorced families; we <u>must</u> have a copy of your court ordered parenting plan.
- ✓ Media release Form

#### **PARKING**

We ask that you drive slowly (5 mph) when in the parking area. Please park in a parking spot, turn off and lock your vehicle before entering the school. Do not pull up to the overhang. Do not leave personal items visible in your vehicle. Children should never be left unattended in your vehicle.



#### ABOUT US

We are a private school licensed through the TN Department of Human Services.

VENS (*Vollintine Evergreen Neighborhood School*) Playschool is an early childhood program with educational components for infants and preschoolers. We strongly believe that children learn best through play and that children are innately curious. Play is the work of children. Intentional supervised play in the classroom is the foundation for strong social and emotional skills necessary in life. Here at Playschool, our children learn to share, compromise, assert feelings appropriately, negotiate, and navigate their social environment during their formative years.

Our classrooms are center-based allowing children the freedom to move and explore freely making choices that appeal to their interests. The classroom and lessons are set up in a way that is developmentally appropriate for the age group while taking into consideration that children develop at different levels. We offer a variety of challenges to stimulate their growing minds socially, emotionally, academically, physically and creatively. Teachers provide hands on learning experiences in art, music, literature, science, and math.

Our staff is very nurturing and attentive to each child's individual needs. However, if the child has needs that we are not equipped to handle, we can make recommendations to get you to the support you need.

#### **HOURS OF OPERATION**

Our hours of operations are **Monday - Friday 7:30 AM – 5:30 PM.** To ensure the day flows smoothly with as little interruption as possible, all students MUST arrive no later than **9:00 am** in order to be permitted to attend school for the day. If your child has a Doctor's Appointment, they need to arrive by **11:00 am** or, they can come in at **2:00 pm** for After Care. The reason behind the **11:00 am** cut off time is that it is often very difficult for children to transition into their classroom during lunch or nap time (which can also be disturbing for the other children).

Our regular school day hours are from 7:30 AM - 2:30 PM. Our *extended hours are from 2:30* – 5:30 PM. The extended care hours are priced separately and added to your monthly tuition. You may not need every day of the week or the extended day every day of the week, so we make it possible for you to customize your schedule to meet your families' needs. We do require that all children come to school at least 3 days per week. This allows them the most optimal experience.

Our birthday cutoff date is Aug 15<sup>th</sup>, which is inline with the Shelby County Schools . Your child must have a birthday before Aug 15<sup>th</sup> to be promoted to the next age group. We do not promote during a school year.

Parents are not to access playschool area outside of school hours i.e. before 7:30am or after 5:30pm.

Regular day pickup time is **2:15 to 2:30.** Extended care pickup is by **5:30pm.** Please arrive early enough to pick up your child and exit the building by 5:30pm. We understand that you may occasionally run late, however if this is a constant occurrence, you will be assessed \$1.00 per Minute.





#### SIGN IN AND OUT POLICY

Upon enrollment, you will be given the codes for entry. It is required that your child is escorted into the center and that you check your child in at the Brightwheel kiosk or on your phone with the QR code. All students must be checked in and out daily or a 5.00 fee will be applied each time attendance is not recorded by parent(s).

We recently started using Brightwheel, a tool for classroom management, communication, photos, videos, online bill pay, and much more, saving time for staff, allowing for measurably more time with students, while also delivering a much better experience for parents.

#### Easy steps to follow:

- 1. **Create a free Brightwheel account.** When you receive an invitation via email or text, please create a free parent account using either the web or mobile app. Make sure to use the same email address or cell phone number that the invitation was sent to. Here is a quick video overview.
- 2. **Confirm your child's profile.** You will see your child's profile after you create an account you can confirm information such as birthday, allergies, and additional contacts. If you do not see your child's profile, please contact us with the email address or phone number you used to sign up. You will not see updates within Brightwheel until we start to use it regularly.
- 3. Set your account preferences. You can adjust your notification preferences within your profile settings on the app.
- 4. Add your payment information. Brightwheel offers secure, automated online payments that saves time for us and gives you advanced tools and reporting.

Our staff uses the Brightwheel app to let parents know what their children are doing while they are away from them and when they are doing it. We do this by posting updates about each child to the app. Sometimes these updates will even include photos and videos so that parents can still be a part of their child's daily achievements. This allows parents to have confidence in knowing that their child is being taken care of and being given proper attention.

#### DAILY ARRIVALS AND DEPARTURES

Please bring your child in every morning with a clean face, clean clothes and diaper/underwear. Dress your child in "user-friendly" clothing. If your child is potty-training please dress them in clothing that is easy for them (the child) to unfasten. This helps the child and the teachers who are assisting them. Help us prevent accidents by taking your child to the restroom before class, and please have your child wash hands before entering the classroom.

#### **DROPPING OFF YOUR CHILD**

You can help your child by showing confidence when you drop your child off for their first day. When your child senses you are comfortable with the staff and school, it will help them feel the same way. Even with the best prepared young children may cry when they experience separation from their parents. It is important to make that separation as pleasant as possible for your child. Usually, a quick goodbye is the best method. Lingering only causes the child to sense that you are insecure about the separation. Our staff always comforts a child until they are ready to join in with the group. Remember you are welcome to check on your child through Brightwheel at any time. Full-time students usually need about two weeks to adjust fully. Part-time students take a little longer. VENS Playschool recognizes the holidays listed below. Parents who have chosen our program understand that they are responsible for providing care for their child (ren) during these times. Holidays are included in the overall tuition. The full tuition rate will be charged for weeks/days these holidays occur. There will be no additional credit given for holidays.

New Year's Eve New Year's Day Good Friday Memorial Day Fourth of July Labor Day Thanksgiving Day Day after Thanksgiving Christmas Eve/ Christmas Day

Note: If the Holiday falls on a Saturday, then it will be observed on the Friday prior to the Holiday. If the Holiday falls on a Sunday, it will be observed on the Monday following the Holiday. We reserve the right to close the school for repairs, and emergencies.

#### **INCLEMENT WEATHER**

We follow Shelby County for snow day school closings. In the event that we have inclement weather causing conditions to be hazardous to our families and/or staff the Director will decide prior to opening whether or not to open for the day. Families will be notified by text and/or email. If the facility must close during operating hours because of snow, storm, power failure, etc., the staff will notify families by phone. Parents can also check for updates on Facebook in the event of a closing.

#### PLAYSCHOOL HEALTH AND ILLNESS POLICY

If a child becomes ill while at school, the staff will take all measures to comfort the child while attempting to contact a parent or emergency contact. Any child who cannot leave school immediately will remain in the Director's office until they are picked up by an authorized adult.

Playschoolisnotasuitableenvironmentforsickchildrenandthehealthofallthechildrenisour responsibility. <u>Working</u> parents should have a contingency plan for care to avoid conflicts when their children are sick. Our regulations are designed to protect the well-being of all the children and to guard as much as possible against avoidable absences for health reasons. When there are symptoms of illness, or other indications that a child is not well enough for group activities, arrangements must be made for their care at home. We don't have provisions for the care of children who are ill. Prompt care at the beginning of an illness can often shorten its duration.

#### Children with the following may *not* be brought to Playschool:

- Chicken Pox
- Conjunctivitis (Pinkeye)
- ➢ Lice
- Vomiting or Diarrhea within the past 24 hours
- ➢ Fever within the past 24 hours
- > Pin Worms
- Strep Throat
- Severe Coughing
- Difficult Breathing



As a preventative measure, we always issue a health alert when any communicable illness is reported.

Children sent home with any of the above symptoms/illnesses **may not return** the following day. Children *may* return to school 24 hours after **all** symptoms, including fever, **without medication**.

Children with a 99.5 or higher fever, who are lethargic, or who don't feel well enough to participate in the activities offered *will* be sent home. Once the parent or guardian is contacted, we expect the child to be picked up within an hour.

In the event of an acute sudden illness resulting in an immediate need for emergency medical attention, we will use the emergency information provided on the enrollment application.

#### **MEDICATIONS**

# Please make every effort to administer medication to your child while they are home.

Medications given at school must meet the following guidelines. Medications given at school must meet the following guidelines:

- All prescription medication must be in the original container and labeled with the child's name, date, directions, physician's name, and it must not be expired.
- You must fill out and sign DAILY the Medication Authorization Form before we will administer the medication. You will find this form in your child's classroom.
- > Please make sure the teacher is aware that your child needs medication.
- Medications should be given to the office for storage. Do not send medication in a child's bag or belongings.
- Medications may not be added to your child's sippy cup or bottle that comes from home. Authorization to administer OTC Medications must be signed on the Emergency Information Form in your Registration enrollment packet.

#### EMERGENCY MEDICAL CARE

Accidents and illness are inevitable whenever large numbers of children gather. We strive to prevent mishaps however, despite precautions, we cannot completely avoid injury or illness; so certain policies have been established to ensure immediate and adequate care should such occasions arise. At the time of registration, parents must sign the Emergency Information Form giving permission for emergency medical care. If parents cannot be contacted immediately, we will then notify any other persons (designated by the parent). In the event that we cannot reach a responsible party, we may call appropriate medical personnel or if necessary, call 911. You are responsible for any and all medical expenses that may be incurred. VENS cannot enroll any child whose parents do not sign the medical treatment consent agreeing to this.

#### **Child Neglect & Abuse Reporting**

Under the TN Child Care Code. Employees and all adults are mandatory reporters of child abuse and must report immediately to the TN Dept. of Human Services if they have reason to believe that a child has suffered a non-accidental injury as a result of child abuse or willful neglect. Once a report has been filed VENS is not responsible for any outcome determined by the DHS or Child Protective Services and must adhere to what is concluded. As mandated by the DHS, all children 3 and up will be offered a personal safety curriculum once per year.

#### SCHOOL INITIATED DISCHARGE

The school reserves the right to terminate care for reasons including, but not limited to:

- $\checkmark$  Tuition and all fees have not been paid.
- ✓ Repeated late pick-up offense
- ✓ Inability to meet particular needs of child
- ✓ Parent and/or student fail to comply with VENS policies

Except in cases of non-payment, parents will receive a two-week written notice of the schools intent to discharge the child.

#### Suspension/ Expulsions

Hitting, kicking, unsuitable language or harmful actions toward other children or staff are not allowed. The first inappropriate action will result in a written warning from the director and consultation with parents. The second action will result in a written warning and/or suspensionand further consultation with parents. Upon the third action, the child may be expelled.

If your child has been diagnosed with any type of behavioral, emotional, social or learning disorder, the director <u>must be informed with paperwork from a professional.</u>

#### **Biting Policy**

We understand that biting is a developmental stage for some children. We try to redirect behaviorand determine the trigger. However, if the biting persists there will be a meeting with the parents, staff and Director. Following the meeting, a child who bites twice will be sent home for the day. If the biting continues after two weeks of using this technique, we reserve the right to give you two weeks' notice for dismissal.

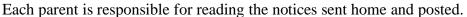
#### **COMMUNICATION**

Teachers in the infant, toddler, and two-year-old classes will send home daily reports. All classes will send home monthly calendars and weekly updates. Always check for classroom sign-up sheets in the classroom for special class parties and activities.

We do try to communicate necessary information in many different formats. These are places to look for information:

Monthly school-wide newsletters by email, on website, and paper copies are available through;

- Bulletin Boards
- Signs at Entry Doors
- Conferences
- Yearly and monthly calendars
- Email
- Website: <u>www.venschool.com</u>



Impromptu meetings at the door or during class time can be disruptive and not typically beneficial. All of our parent-teacher discussions are confidential. We offer conferences three times a year or you may schedule a mutually convenient time for a conference upon request.



#### THINGS YOUR CHILD WILL NEED FOR THEIR ROOM

\*All children 4 and younger should **NOT** be given round, firm foods unless they have been chopped into very small pieces. The following foods are common choking hazards:

Hot dogs and sausages, nuts and seeds, chunks of meat and cheese, whole grapes and fruit chunks like apples, hard gooey or sticky candy, popcorn, chunks of peanut butter, raw vegetables such as carrots, chewing gum and marshmallows.

For more information: nationwidechildrens.org choking-prevention

#### **Infant Rooms**

PLEASE LABEL EVERYTHING WITH CHILD'S NAME

- ✓ A full package of disposable diapers or enough cloth diapers for the day. If you bring diapers in bulk, we will notify you when you need to replenish.
- ✓ Breast milk, formula or milk: You may prepare bottles at home or you may send empty bottles and we will prepare them as needed. You may also send a bulk supply of powdered formula and we will notify you when you need to replenish.
- ✓ Breast milk must be dated and labeled
- ✓ A pacifier if needed
- $\checkmark$  Fresh crib sheets each day.
- ✓ Comfort items such as a lovey or favorite stuffed animal.
- ✓ Two full changes of clothes appropriate for the season.
- $\checkmark$  Bibs and spit up cloths
- ✓ Daily supply of baby food and snacks
- ✓ Diaper Cream

#### \*SIDS POLICY

Please dress your child in clothing that provides warmth for sleeping. Blankets, toys, pillows and boppies are not allowed inside an infant's crib. Your infant will always be placed on their back when they are in their crib. No infant will be placed in a car seat, or bouncy seat to sleep.

#### **Toddler Rooms**

PLEASELABEL EVERYTHING WITH CHILD'S NAME

- ✓ A full package of disposable diapers or enough cloth diapers for the day. If you bring diapers in bulk, we will notify you when you need to replenish.
- ✓ Drink in a sippy cup with milk or water.
- ✓ A 2-inch(required) nap mat (available at The Knowledge Tree)
- $\checkmark$  Crib sheet, and a blanket for a nap.
- ✓ Pacifier if used and only will be given at naptime.
- ✓ Comfort items such as a lovey or favorite stuffed animal.
- ✓ Two full changes of clothes appropriate for the season.
- $\checkmark$  A healthy lunch that is ready to eat (we do not heat meals) and a morning snack (labeled as such).
- ✓ Ice pack for lunches that need to stay cool (we do not refrigerate food)
- ✓ If staying for after care, provide an extra snack that is labeled "aftercare snack".





#### **Two-Year-Old Rooms**

PLEASE LABEL EVERYTHING WITH CHILD'S NAME

- $\checkmark$  Enough diapers for the day
- ✓ Drink in a sippy cup with milk or water
- $\checkmark$  A 2-inch(required) nap mat (available at The Knowledge Tree)
- $\checkmark$  Crib sheet, and a blanket for a nap.
- $\checkmark$  Pacifier if used and only will be given at naptime.
- $\checkmark$  Comfort items such as a lovey or favorite stuffed animal.
- $\checkmark$  Two full changes of clothes appropriate for the season.
- $\checkmark$  A healthy lunch that is ready to eat (we do not heat meals) and a morning snack (labeled as such).
- ✓ Ice pack for lunches that need to stay cool (we do not refrigerate meals)
- ✓ If staying for after care, provide an extra snack that is labeled "aftercare snack".
- ✓ A painting smock (an oversized t-shirt will be appropriate).
- ✓ When potty training, lots of extra underwear, clothes, and shoes.

#### PreK (3's) and Junior K (4s)

PLEASELABEL EVERYTHING WITHCHILD'SNAME

Children entering PreK and above must be potty trained. Below is a list of items that your child will need:

- ✓ Morning snack (labeled as such)
- $\checkmark$  A healthy lunch that is ready to eat (We do not heat meals)
- $\checkmark$  Ice pack for lunches that need to stay cool. (We do not refrigerate meals)
- $\checkmark$  If staying for after care, provide an extra snack that is labeled "aftercare snack".
- ✓ Water bottle
- ✓ A 2-inch(required) nap mat (available at The Knowledge Tree)
- ✓ Crib sheet to cover nap pad and blanket
- ✓ Sheets and blankets should be taken home Fridays to launder and sent back each Monday.
- ✓ Complete change of clothes including extra shoes.
- $\checkmark$  A painting smock (an oversized t-shirt will be appropriate).





#### SNACKS AND MEALS

Sweets are not allowed. Chocolate, candy, sweet cakes with sugary filling, juices and gum are prohibited at school. Lunchables with candy are not allowed.

Fast foods and sodas will not be allowed and will be sent home.

All children including infants will need to eat breakfast BEFORE they come to school.

#### **BIRTHDAY PARTIES AND CLASS PARTIES**

Party days are special to young children. We welcome you to let your child celebrate his/her birthday with their Playschool friends. Please arrange a time in advance with your child's teacher. No gifts will be exchanged. If invitations are delivered at school, make sure all of the children are invited.

We ask that you keep it as simple and healthy as possible. Please keep sweets to a minimum, MINI cupcakes are fine.

For class parties, teachers will provide a sign-up sheet for you to choose which items are to be shared at the party. We ask that items are ready to eat and require no cutting or cooking. Again, keep it as healthy and sugar free as possible. Opt for MINI cupcakes.

#### ATTIRE AND FOOTWEAR

Children should be dressed in play clothes that they can unfasten themselves. Please dress your child appropriately for the weather conditions. We are REQUIRED to go outside unless the temp. is below 34° or above 95°. Athletic (sneakers) shoes and socks should be worn to prevent injury. Sandals and Crocs® are not appropriate. **Open toed shoes are not allowed**. This is a safety precaution that helps prevent stubbing toes, tripping etc., and facilitates easy movement in emergency situations.



#### FREQUENTLY ASKED QUESTIONS

#### When is tuition due each month?

Tuition is due on the first of each month and considered late after the tenth of the month. Tuition is paid a month in advance. A \$35 late fee is assessed to accounts paid after the tenth of the month.

Past due accounts will be forwarded to a collection agency and the child/ren will not be allowed to attend until the account is current.

#### If my child is absent for any reason, can a refund be given?

Because our program and licensing requires us to employ staff based on the number of children enrolled each day, we cannot give tuition refunds or prorate your tuition for days that your child is absent for any reason including illness.

Tuition is divided equally over the months you are enrolled (not for the month you are in), therefore, we do not prorate tuition for short months if your child is absent or if you withdraw your child.

The only exception is when the child is absent for 2 weeks or more consecutively because of illness. At that point, with a doctor's note, we will prorate that month's tuition to half of your regular amount.

We do offer children 2 make up days without charge per school year. These must be arranged in advance and only if space is available. Any other additional days will incur a charge of \$35 per day (7:30 - 2:30).

*If we cannot attend one of our regularly scheduled days, can we "switch" it for another day?* You may add a day to your schedule and use one of your 2 make up days or pay the \$35 drop in fee. Otherwise, you cannot "switch" days. Again, this option is only available if the spaces are available and with advance scheduling.

#### Is Playschool open year-round?

Yes. However, we operate as a school and take school holidays and breaks as per our calendar. We do offer a summer program as well but will break after the summer program.

#### Is it okay to drop off my child at any time during the day?

\*We ask that all children arrive by 9:00am\* this ensures an easy drop off and allows your child to take advantage of the structured teaching time in the classroom. It is very difficult for a child to enter a classroom that has already gotten into the rhythm of the day. It is also difficult and disruptive for teachers to stop teaching moments and transition a late child into the classroom.

#### We are often rushed in the mornings - is it okay to send breakfast for the child to eat at school?

No, we expect every child to eat a nutritious breakfast every morning to have a good start to the day. Plan ahead so that your child can be rested, unhurried, and relaxed for the first of the morning. On the same note, all children (except for ones in the infant room) must arrive awake at school. We will not accept sleeping children.

#### Can my child bring personal toys to school?

<u>Please DO NOT send toys from home</u> as they serve as a distraction to the class and could get lost or broken. If a Book or CD is brought to share with the class it should be marked with the child's name and given to the teacher. If your class has a sharing day, you will be notified. Guns, ropes, knives, swords (laser or traditional) and other toys or action figures that encourage rough or violent play are never allowed at school.

#### Does VENS provide lunch?

No, we ask that each child bring a packed lunch and snack. We do not heat or refrigerate lunches (except in the infant room). All lunches must be ready to eat, cut, peeled, sliced, etc., and the children in the Pre-K, JK, and Kindergarten must be able to manipulate their own containers. Teachers will "encourage" children to eat the healthy foods first. Fast (junk) food, candy and soda are not aloud.

Lunchtime is also part of the learning experience, children will help clean-up and will practice table manners.

In the case of food allergies, we will make accommodations on a room- to -room basis. However, we are *NOT a peanut free campus*.

#### If my child is sick, can he/she still come to school?

We adhere <u>strictly</u> to our Health and Illness Policy and will not compromise these standards when a child is sick and/or unable to participate in activities. Children with the following may not be brought to Playschool and will need to be picked up promptly from school: Fever within the past 24 hours, vomiting and/or diarrhea within the past 24 hours, Chicken Pox, Conjunctivitis, Lice, Pin Worms, Strep Throat, undiagnosed rash, sore or discharging eyes, profuse ear or nasal discharge, severe coughing, difficulty breathing, or any other contagious illness or if your child is unable to participate in daily activities.

#### What form of discipline does the Playschool use?

Positive reinforcement is an integral part of our teaching practice. Behavior expectations are based on the child's developmental level. There will be no physical punishments, threats of physical punishment, shaming, or belittling punishment administered. We follow Conscious Discipline Evidence-Based Programs from Dr. Becky Bailey for child behavior guidance. We strongly recommend all parents utilize the conscious discipline principles. <u>https://consciousdiscipline.com/</u>

#### When must my child be potty trained?

All children entering the PreK- 3 Year Old Program must be completely and independently potty trained. All children in this program must be able to communicate their potty needs to the teacher and they must be able to manipulate their own clothing. Accidents at this age happen from time to time and will be handled matter-of-factly with the child cleaning *themselves* and changing *his/her own* clothes. Children having an accident one or more times per week are not considered completely and independently potty trained. Please do not send your child to school in Pull-Ups. For a child there is not enough difference between diapers and Pull-Ups to encourage potty use.

#### Do I have to sign my child in and out every day or does the teacher take role?

YES. The Tennessee Department of Education requires every child to be signed in and out by parent or guardian every day. This is the only legal proof of your child being at Playschool on any particular day. \*Only pre-authorized persons will be allowed to pick up.

#### Is advance notice required to withdraw our child?

Yes, a thirty-day notice is required to withdraw your child from the program. If a child is withdrawn without notice, parents will be expected to pay the equivalent of a current month's tuition. The notice is required 30 days before the next month's tuition due date. (For example, if you plan to withdraw your child in October, notice must be given no later than September I to avoid the additional tuition charge). We do not prorate tuition if your child withdraws during the course of a month. A full month's tuition will be applied. We adhere strictly to this policy and will turn any and all delinquent accounts over for collection.

## If my child is receiving early intervention services or if it is suspected they may need early intervention services, are we required to inform the school?

Yes, in order to best serve your child, we need to know all relevant information about your child's developmental progress. We also have many agencies that we have had experience with to recommend if needed. Research shows that the earlier a child receive early intervention services, the quicker that child can catch up to other children their age.

#### VENS PLAYSCHOOL MISSION STATEMENT

Recognizing a growing need within the community, VENS Playschool is a multifaceted child education and care program, where "play" is acknowledged as a central component in child health and development. In addition, the Playschool offers extended care hours to meet the needs of working parents.

At VENS Playschool, we are committed to providing children with valuable play experiences in a stimulating, caring, safe environment, so that every child may grow emotionally, socially, and cognitively.

The Director and teaching staff have the responsibility to provide a curriculum that allows each child to develop self-esteem, moral and personal responsibility, self-discipline, and their own unique potential.



#### **GOLD SNEAKERPOLICIES**

#### Policy 1:

Children attending less than a full day program shall be offered a proportional amount of the physical activity time as required by TDHS licensure rules

Physical activity for children ages three years and older must be a balance of **structured and unstructured play**, both **indoors and outdoors** (weather permitting) utilizing age-appropriate activities

#### Policy 2

Providers shall provide education (i.e., via parent meetings, provider newsletter articles, sharing of educational video resources, etc.) to families twice each year that addresses the importance of **limiting screen time** according to current American Academy of Pediatrics policy and the development of a Family Media Plan.

#### Policy 3

Children shall not be allowed to remain **sedentary** or to sit passively for more than 60 minutes continuously, except for scheduled rest or naptime

Child care director shall take **Go NAP SACC Self Assessments** (Infant and Child Safety Physical Activity & Screen Time) to compare their physical activity practices to best practice standards

#### Policy 4:

Child care providers must ensure physical activity is a **positive experience** for children and that it is never used negatively or to control behavior

#### Policy 5

Providers shall ensure appropriate infant and child feeding patterns, including **breastfeeding**. All educators shall be trained to: advocate for breastfeeding, safely prepare expressed breastmilk for feeding, feed infants according to their individual needs, and store expressed breast milk properly

Providers shall publicly **display their support for breastfeeding infants and mothers by posting signage** or other publicly facing information (i.e., participate in *Breastfeeding Welcomed Here* through the TN Department of Health or Team Nutrition resources for new and expectant moms about breastfeeding)

#### Policy 6

Child care educators shall ensure appropriate infant and child feeding patterns, including **adequate time for snack and meal consumption** and age-appropriate portion size

Child care educators shall **provide education to families** twice each year(i.e., via parent meetings, provider newsletter articles, sharing of educational video resources, etc.) that addresses nutritional learning experiences, with a focus on adequate time for snacks and meals and age-appropriate portion size

All eating opportunities shall consist of a respect for the child and promotion of a **positive attitude toward food** 

Child care educators shall apply evidence-based **early food preference learning strategies** such as introducing healthy foods, repeatedly pairing new healthy food choices with foods children already like and modeling consumption and enjoyment of healthy foods

#### Policy 7

The child care provider **campus shall be free of all tobacco and tobacco-related products**, including smoking, smokeless and electronic products. The campus is inclusive of all vehicles used to transport enrolled children, all outdoor spaces, and all indoor locations, whether or not children are present. Childcare employees and volunteers may not use tobacco or tobacco-related products while off-campus at provider-related activities (i.e. fieldtrips, walks, and all other outdoor activities)

Employees who use tobacco products while off campus are required to **change clothes and wash hands** thoroughly prior to interacting with children

"No Smoking" signs shall be posted conspicuously at each child care provider entrance, as requiredby state law

